

Please consult your pediatrician for guidance during this infant formula shortage.



Infant Formula *Shortage* Alternatives



Having trouble finding your current brand of infant formula?

Below are steps to take to help you find a compatible alternative (if your current infant formula is unavailable).

Step One.

Try to find a “Ready-to-Feed” version of your current brand of infant formula.

Step Two.

Try to find another brand—in the same **Infant Formula Subcategory*—so that the basic protein and carbohydrate type will be the same.

Step Three.

Try to find a “Ready-to-Feed” version in the same **Infant Formula Subcategory* as your current infant formula.

Step Four.

Try to find an alternative formula in a different **Infant Formula Subcategory*.

**Infant Formula Subcategories are listed on reverse side.*

Name-Brand vs Store-Brand Infant Formulas

Please note: all store-brand infant formulas are basically the same quality as name-brand infant formulas — though providers cannot write a WIC prescription for store-brand infant formulas. Families dependent on WIC can use food stamps for store-brand infant formulas.

All infant formulas are required to follow the same strict FDA guidelines.

No matter how you feel about store-brand formulas, we can all agree they are better than homemade formulas. Amazon’s “*Mama Bear*”, Costco’s “*Kirkland Signature*”, Sam’s Club “*Member’s Mark*”, Target’s “*up&up*”, and Walmart’s “*Parent’s Choice*” store-brands are all manufactured in the same facilities (simply labeled according to where they will be distributed) so switching from one store-brand to another store-brand is easy.

A good option for those using name-brand infant formula is to switch to store-brand infant formula (pay out-of-pocket, or use food stamps), while staying in the same infant formula subcategory (listed on reverse side).

We do not advise parents to make their own infant formulas, nor should they use European or toddler formulas; however, in an emergency, if their infant is greater than (6) six-months old, toddler formula is safe to use for a few days.

Infant Formula Subcategories

Amino Acid Formulas

- Enfamil PurAmino
- Nestle HealthScience Alfamino Infant
- Nutricia Neocate Infant
- Similac EleCare

Alternatives: switch to Hypoallergenic Formulas or consult a physician.

Hypoallergenic Formulas

Partially hydrolyzed.

- CVS Health's Hypoallergenic
- Enfamil Nutramigen
- Enfamil Pregestimil
- Gerber Good Start Extensive HA
- Similac Alimentum
- Target's up&up Hypoallergenic

Alternatives: switch to Amino Acid Formulas or Partially Hydrolyzed Formulas.

Milk-Based Formulas

Contains whey protein and lactose.

- Amazon's Mama Bear Infant
- Costco's Kirkland Signature ProCare
- Earth's Best Organic Dairy Infant Formula
- Enfamil Gentlease
- Enfamil Infant
- Enfamil Enspire
- Enfamil Enspire Gentlease
- Enfamil NeuroPro
- Enfamil NeuroPro Gentlease
- Sam's Club Member's Mark Infant
- Similac 360 Total Care
- Similac Advance
- Similac Organic
- Similac Pro-Advance
- Target's up&up Advantage
- Walmart's Parent's Choice Infant

Alternatives: switch to any of the infant formula subcategories. (If a prescription is required – make an appointment with your provider.)

Partially Hydrolyzed Formulas

Contains hydrolyzed whey protein and maltodextrin for the carbohydrate.

- Gerber Good Start GentlePro
- Similac Pro-Total Comfort
- Target's up&up Complete Comfort

Alternatives: switch to Sensitive Infant Formulas or Milk-Based Formulas.

Premature Formulas

Milk-based formulas containing whey protein and lactose with higher concentrations of calories, calcium, and phosphorus for bone growth.

- Enfamil Enfacare (22 Calories)
- Enfamil NeuroPro Enfacare (22 calories)
- Enfamil Premature (20 calories)
- Enfamil Premature (24 calories)
- Enfamil Premature (30 calories)
- Enfamil Premature High Protein (24 calories)
- Similac Neosure (22 calories)
- Similac Special Care (20 calories)
- Similac Special Care (24 calories)
- Similac Special Care (30 calories)
- Similac Special Care High Protein (24 calories)

Alternatives: many infants can be moved away from premature formulas once they are out of the hospital, at least (6) six-months old, or their weight is at–or above–the 5th percentile for age. If your infant is less than (6) six-months old, and less than 5th percentile for age–but showing good catch-up growth–try to find a different formula with similar calories per ounce to their current formula (example: 22 calories for 22 calories).

Another alternative, if premature formulas are not available and your infant's weight is not at–or above–the 5th percentile, is to ask your doctor to calculate higher calorie formulas from a different infant formula subcategory and add a multivitamin supplement.

Milk-Based Formula Calculations

3.5 ounces (2 scoops) = 22 calories
5 ounces (3 scoops) = 24 calories

Plant-Based Formulas

Contains soy protein and corn syrup.

- Enfamil ProSobee
- Gerber Good Start Gentle Soy
- Gerber Good Start Soy
- Similac Soy Isomil
- Any infant formula brand with “soy” or “plant-based” in the name.

Alternatives: only if your infant has NOT been diagnosed with galactosemia – switch to Milk-Based Formulas or Sensitive Formulas.

Regular Formulas

Stay in the same infant formula subcategory if possible.

Alternatives are listed per subcategory.

Sensitive Formulas

Contains milk protein isolate and corn syrup solids.

- Enfamil NeuroPro Sensitive
- Similac 360 Total Care Sensitive
- Similac Sensitive
- Target's up&up Sensitivity

Alternatives: switch to Partially Hydrolyzed Formulas or Milk-Based Formulas.

Special Formulas

Stay in the same infant formula subcategory if possible.

Spit-Up Formulas

Stay in the same infant formula subcategory; or, switch to Milk-Based Formulas and add rice cereal (per your doctor's instruction).

- Enfamil AR
- Similac for Spit-Up